

... MORE ALLURING DELIGHT

ROSY PLEASURE 75 min CZK 1,950

This experience is suitable especially for women. Rose oil is one of the most precious oils. It counteracts anxiety and depression and brings harmony to the human soul.

Saltwater whirlpool rose bath	15 min
Rose oil massage	45 min
Rose oil facial massage (can be omitted)	15 min

CEDAR AND SANDALWOOD 75 min CZK 1,550

This experience is suitable especially for men. This massage is a perfect way to remove inner unease and tension because it harmonizes energy in the body and relieves stress.

Whirlpool bath with sea salt added	30 min
Cedar and sandalwood oil massage	45 min

SIBERIAN FIR AND EUCALYPTUS 75 min CZK 1,950

This massage is suitable for both men and women. It relieves breathing difficulties of different kinds and reduces mental exhaustion.

Saltwater whirlpool bath using natural eucalyptus and Siberian fir extracts	15 min
Back and chest massage using eucalyptus and Siberian fir oil	40 min
Chest pack with eucalyptus and fir balsam	20 min

WHIRLPOOL BATHS

Whirlpool bath with natural herbal essence	30 min	CZK 500
Whirlpool bath with Dead Sea salt	30 min	CZK 500
Whirlpool bath with magnesium salt	30 min	CZK 500

OREA

Resort Horizont
Šumava

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SPA MENU

MO-SU

8:00 a.m. – 12:00 p.m.

1:00 p.m. – 9:00 p.m.

– 1ST FLOOR

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MASSAGES

SWEDISH MASSAGE – BACK AND NAPE 30 min CZK 950
SWEDISH MASSAGE – BACK, NAPE AND LOWER LIMBS 45 min CZK 1,350

Swedish massage is considered to be a basic kind of massage in Western cultures. It uses different kinds of rubbing and kneading focused on backache, muscle relaxation and stress.

AROMA MASSAGE – FOR CHILDREN 20 min CZK 550
SWEDISH MASSAGE – BACK AND NAPE 30 min CZK 950
AROMA MASSAGE – BACK AND NAPE, LOWER LIMBS 45 min CZK 1,350

An aroma massage is a relaxation massage connected with the healing effect of essential oils, which penetrate the body through the skin and provide the lymphatic and blood stream with cleansing and curative care. Thanks to the massage therapist's long movements, the body becomes relaxed and stress and tension and migraines are relieved.

REFLEXOLOGY MASSAGE – BACK, NAPE AND SOLES 45 min CZK 1,350

A reflexology massage involves applying pressure to different points, which helps to remove blocks all over the body: in the shoulders, elbows, wrists, spine, hips and soles, where organ zones are revealed and the cervical spine becomes relaxed.

HAWAIIAN LOMI-LOMI MASSAGE – BACK, NAPE AND LIMBS 45 min CZK 1,350

This massage is based on rhythmical techniques with the massage therapist using not only fingers and palms but also forearms and elbows. The long, gentle movements and stronger pressure in a regular rhythm resemble the movements of sea waves. Absolute relaxation.

FULL-BODY MASSAGE 70 min CZK 1,950

A full-body massage begins with a pleasant foot massage and continues with the calves, thighs, back, nape, belly, palms and upper limbs. The therapist massages the client with oil and both the body and mind become relaxed and the nervous system is revitalized.

MASSAGES AND BODY TREATMENT

MESSAGE FOR TWO – SWEDISH OR AROMA 30 min CZK 1,750
 60 min CZK 3,400

Enjoy moments of relaxation with your partner or another close person and choose from our wide range of massages.

LAVA STONES – BACK, NAPE 30 min CZK 1,050
LAVA STONES – BACK, NAPE AND LIMBS 60 min CZK 1,950

This massage combines the natural properties of stones stimulating energy centres in the human body. It is the most efficient way of getting rid of stress and creating general well-being of the organism.

DETOXIFICATION HONEY MASSAGE – BACK AND NAPE WITH A PACK 30 min CZK 950
 45 min CZK 1,350

It improves blood perfusion, has an effect on pressure points, smooths the skin, charges the organism with energy, relaxes muscles and brings restful sleep and relaxation. Massage technology (pumping, rolling).

ANTISTRESS HEAD MASSAGE 30 min CZK 950

This massage relieves pain caused by stiff neck and shoulders, intraocular pressure and stress. It includes oil treatment of the hair and some parts of the head, the neck, the upper parts of the trapezii and shoulders.

FACIAL RELAXATION MASSAGE 30 min CZK 950

This pleasant massage focuses on the face, neck and décolletage. It reduces surface as well as deeper wrinkles. Skin cleansing, face and décolletage massage using neutral rose, lavender and jasmine oil. Moisturizing cream treatment.

RELAXATION SOLE MASSAGE 30 min CZK 950

CHOCOLATE MASSAGE FOR CHILDREN OF UP TO 12 YEARS OF AGE 20 min CZK 700

CHOCOLATE MASSAGE 45 min CZK 1,500

FULL-BODY PEELING WITH A PACK 45 min CZK 1100

FULL-BODY DEAD SEA MUD PACK 45 min CZK 1100

DEEP-WARMING PEAT WRAP FOR THE BACK 15 min CZK 500

PARAFFIN PACK FOR HANDS AND HAND MASSAGE 30 min CZK 800



WELLNESS CENTRE HIRE 21:15–23:15
 Swimming pool with a whirlpool CZK 2,500 / hour

Swimming pool with a whirlpool, Finnish sauna and Roman bath CZK 3,500 / hour