... MORE ALLURING DELIGHT

ROSY PLEASURE	75 r
This experience is suitable especially for	
women. Rose oil is one of the most	
precious oils. It counteracts anxiety	
and depression and brings harmony	
to the human soul.	
Saltwater whirlpool rose bath	15 r
Rose oil massage	45 r
Rose oil facial massage (can be omitted)	15 r

75 min CZK 1,950

ien. Rose on is one of the most	
ious oils. It counteracts anxiety	
depression and brings harmony	
he human soul.	
water whirlpool rose bath	15 min
e oil massage	45 min
e oil facial massage (can be omitted)	15 min

CEDAR AND SANDALWOOD

55	(1,	CZK	min	75	
55	<u>с</u> т,	CZK	min	75	

This experience is suitable especially for	
men. This massage is a perfect way to	
remove inner unease and tension	
because it harmonizes energy in the body	
and relieves stress.	
Whirlpool bath with sea salt added	30
Cedar and sandalwood oil massage	45

min min

SIBERIAN FIR AND EUCALYPTUS

75 min CZK 1,950

This massage is suitable for both men	
and women. It relieves breathing	
difficulties of different kinds and reduces	
mental exhaustion.	
Saltwater whirlpool bath using natural	
eucalyptus and Siberian fir extracts	15 min
Back and chest massage using eucalyptus	
and Siberian fir oil	40 min
Chest pack with eucalyptus and fir	
balsam	20 min

WHIRLPOOL BATHS

Whirlpool bath with natural herbal		
essence	30 min	CZK 500
Whirlpool bath with Dead Sea salt	30 min	CZK 500
Whirlpool bath with magnesium salt	30 min	CZK 500





SPA MENU

MO-SUN, 8am-12am 1pm-9pm - 1ST FLOOR

OREA Resort Horizont, Pancíř 126 340 04 Železná Ruda

T: +420 376 365 197 / 198 E: wellness.horizont@orea.cz www.resorthorizont.cz

MASSAGES

SWEDISH MASSAGE – BACK AND NAPE	30 min	CZK 950
SWEDISH MASSAGE – BACK, NAPE		
AND LOWER LIMBS	45 min	CZK 1,350
Swedish massage is considered to be a basic kind of massage		

in Western cultures. It uses different kinds of ubbing and kneading focused on backache, muscle relaxation and stress.

AROMA MASSAGE – FOR CHILDREN	20 min	CZK 550
SWEDISH MASSAGE – BACK AND NAPE	30 min	CZK 950
AROMA MASSAGE – BACK AND NAPE,		
LOWER LIMBS	45 min	CZK 1,350

An aroma massage is a relaxation massage connected with the healing effect of essential oils, which penetrate the body through the skin and provide the lymphatic and blood stream with cleansing and curative care. Thanks to the massage therapist's long movements, the body becomes relaxed and stress and tension and migraines are relieved.

REFLEXOLOGY MASSAGE - BACK.

NAPE AND SOLES

45 min CZK 1,350

45 min CZK 1.350

70 min CZK 1.950

A reflexology massage involves applying pressure to different points, which helps to remove blocks all over the body: in the shoulders, elbows, wrists, spine, hips and soles, where organ zones are revealed and the cervical spine becomes relaxed.

HAWAIIAN LOMI-LOMI MASSAGE - BACK, NAPE AND LIMBS

This massage is based on rhythmical techniques with the massage therapist using not only fingers and palms but also forearms and elbows. The long, gentle movements and stronger pressure in a regular rhythm resemble the movements of sea waves. Absolute relaxation.

FULL-BODY MASSAGE - BASED ON YOUR CHOICE

A full-body massage begins with a pleasant foot massage and continues with the calves, thighs, back, nape, belly, palms and upper limbs. The therapist massages the client with oil and both the body and mind become relaxed and the nervous system is revitalized.

MASSAGES AND BODY TREATMENT

MASSAGE FOR TWO – BASED ON YOUR CHOICE FROM THE MENU Enjoy moments of relaxation with your pa close person and choose from our wide ra	60 min artner or a	nother
LAVA STONES – BACK, NAPE LAVA STONES – BACK, NAPE AND LIMBS This massage combines the natural prope stimulating energy centres in the human efficient way of getting rid of stress and being of the organism.	60 min erties of s body. It is	the most
DETOXIFICATION HONEY MASSAGE – BAC AND NAPE WITH A PACK It improves blood perfusion, has an effect smooths the skin, charges the organism v muscles and brings restful sleep and relat technology (pumping, rolling).	30 min 45 min on press with energ	gy, relaxes

ANTISTRESS AND RELAXATION

HEAD MASSAGE

30 min CZK 950

This massage relieves pain caused by stiff neck and shoulders, intraocular pressure and stress.

It includes oil treatment of the hair and facial parts of the head, the neck, the upper parts of the trapezii and shoulders.

FACIAL RELAXATION MASSAGE

30 min CZK 950

This pleasant massage focuses on the face, neck and décolletage. It reduces surface as well as deeper wrinkles. Skin cleansing, face and décolletage massage using neutral rose, lavender and jasmine oil. Moisturizing cream treatment.

RELAXATION SOLE MASSAGE

30 min C7K 950

CHOCOLATE FOR CHILDRI OF AGE	MASSAGE EN OF UP TO 12 YEARS	20 min	CZK 700
CHOCOLATE	MASSAGE	45 min	CZK 1,500
FULL-BODY F	PEELING WITH A PACK	45 min	CZK 1100
FULL-BODY E PACK	DEAD SEA MUD	45 min	CZK 1100
DEEP-WARM FOR THE BAG	ING PEAT WRAP CK	15 min	CZK 500
Paraffin Pa And Hand M	CK FOR HANDS IASSAGE	30 min	CZK 800



WELLNESS CENTRE HIRE	21:15-23:15
Swimming pool with a whirlpool	CZK 2,500 / hour

Swimming pool with a whirlpool, Finnish sauna and Roman bath

CZK 3,500 / hour